



Three Choice menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week one	<p>Cheese and chorizo pizza with wedges and spaghetti hoops</p> <p>Tuna and sweetcorn pasta salad</p> <p>Jacket potato with cheese, beans, tuna or coleslaw filling</p> <p>Butterfly cake, fruit or yoghurt</p> <p>Contains: Cereals containing gluten, eggs, fish, milk, mustard, soya, sulphur dioxide & sulphites, wheat May contain: Celery</p>	<p>Chicken wrap with salad and coleslaw</p> <p>Chefs Choice quiche with new potatoes and sweetcorn</p> <p>Knorr Cream of Chicken soup, Tuna, cheese, ham or egg filled roll</p> <p>Fruit sponge and custard, fruit or yoghurt</p> <p>Contains: Barley, celery, cereals containing gluten, eggs, fish, milk, mustard, oats, rye, soya, wheat</p>	<p>Meatballs in tomato sauce with pasta</p> <p>Chicken fajita boats</p> <p>Jacket potato with cheese, beans, tuna or coleslaw filling</p> <p>Cookie and milkshake, fruit or yoghurt</p> <p>Contains: Cereals containing gluten, eggs, fish, milk, mustard, sulphur dioxide & sulphites, wheat May contain: Celery, soya</p>	<p>Roast beef with roast potatoes, carrots, Yorkshire pudding and gravy</p> <p>✓ Quorn mince and mash with seasonal veg and gravy</p> <p>Leek and potato soup, Tuna, cheese, ham or egg panini</p> <p>Jelly and fruit, fruit or yoghurt</p> <p>Contains: Celery, cereals containing gluten, eggs, fish, milk, mustard, soya, wheat May contain: Rye, oats</p>	<p>Fish fingers with chips and peas (mushy or garden)</p> <p>✓ Falafel wrap with chips and salad</p> <p>Jacket potato with cheese, beans, tuna or coleslaw filling</p> <p>Banana bread, fruit or yoghurt</p> <p>Contains: Cereals containing gluten, eggs, fish, milk, mustard, oats, soya, wheat May contain: Rye</p>
Week two	<p>Chicken burger on a diddi roll with crisscuts and beans</p> <p>✓ Vegetable burger on a diddi roll with crisscuts and beans</p> <p>Jacket potato with cheese, beans, tuna or coleslaw filling</p> <p>Fruit flapjack, fruit or yoghurt</p> <p>Contains: Cereals containing gluten, eggs, fish, milk, mustard, soya, wheat May contain: Barley, celery, oats, rye, sulphur dioxide & sulphites</p>	<p>Chefs choice quiche with new potatoes and beans</p> <p>Spaghetti bolognaise with garlic bread</p> <p>Tomato and basil soup Tuna, cheese, ham or egg filled roll</p> <p>Arctic roll, fruit or yoghurt</p> <p>Contains: Celery, cereals containing gluten, eggs, fish, milk, mustard, soya, wheat May contain: Oats, rye</p>	<p>Chicken korma with basmati rice and naan bread</p> <p>Cheese and ham panini with wedges and salad</p> <p>Jacket potato with cheese, beans, tuna or coleslaw filling</p> <p>Brownie, fruit or yoghurt</p> <p>Contains: Celery, cereals containing gluten, eggs, fish, milk, mustard, soya, wheat May contain: Oats, rye</p>	<p>Roast gammon with mash, carrots, peas and gravy</p> <p>✓ Macaroni cheese with garlic bread</p> <p>Knorr Cream of Chicken soup, Tuna, cheese, ham or egg panini</p> <p>Peaches and cream, fruit or yoghurt</p> <p>Contains: Barley, celery, cereals containing gluten, eggs, milk, mustard, oats, rye, soya, wheat</p>	<p>Harry Ramsden's fish fillet with chips and peas (mushy or garden)</p> <p>✓ Veggie pizza with chips and beans</p> <p>Jacket potato with cheese, beans, tuna or coleslaw filling</p> <p>Mousse with fresh fruit, fruit or yoghurt</p> <p>Contains: Celery, cereals containing gluten, eggs, fish, milk, mustard, soya, wheat May contain: Crustaceans, molluscs, oats, rye, sulphur dioxide & sulphites</p>
Week three	<p>Salmon fish fingers with sweet potato mash and beans</p> <p>✓ Quorn sausage and mash with gravy and seasonal veg</p> <p>Jacket potato with cheese, beans, tuna or coleslaw filling</p> <p>Ice cream with fruit, fruit or yoghurt</p> <p>Contains: Cereals containing gluten, eggs, fish, milk, mustard, soya, wheat May contain: Barley, celery, oats, rye</p>	<p>All day breakfast - scrambled egg, bacon, sausage, hash brown and beans</p> <p>✓ Quorn cottage pie with mixed veg</p> <p>Leek and potato soup Tuna, cheese, ham or egg filled roll</p> <p>Cheesecake, fruit or yoghurt</p> <p>Contains: Barley, celery, cereals containing gluten, eggs, fish, milk, mustard, soya, wheat May contain: Crustaceans, lupin, oats, rye, sesame</p>	<p>BBQ chicken fillet with herby new potatoes, salad and coleslaw</p> <p>Lasagne with garlic bread and salad</p> <p>Jacket potato with cheese, beans, tuna or coleslaw filling</p> <p>Jelly and cream, fruit or yoghurt</p> <p>Contains: Barley, celery, cereals containing gluten, eggs, fish, milk, mustard, soya, wheat May contain: Oats, rye</p>	<p>Roast turkey with mash, stuffing, carrot, broccoli and gravy</p> <p>✓ Vegetable korma with basmati rice</p> <p>Tomato and basil soup, Tuna, cheese, ham or egg panini</p> <p>Frozen Yoghurt, fruit or yoghurt</p> <p>Contains: Celery, cereals containing gluten, eggs, fish, milk, mustard, oats, rye, soya, wheat</p>	<p>Harry Ramsden's fish fillet with wedges and beans</p> <p>✓ Quorn 'chicken' and leek top crust pie with wedges and seasonal veg and gravy</p> <p>Jacket potato with cheese, beans, tuna or coleslaw filling</p> <p>Fruit Nachos, fruit or yoghurt</p> <p>Contains: Barley, cereals containing gluten, eggs, fish, milk, mustard, oats, rye, soya, wheat May contain: Crustaceans, molluscs, sulphur dioxide & sulphites</p>

Available daily: Fresh fruit, yoghurt, water, milk and fruit juice.



April 2021

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May 2021

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

June 2021

M	T	W	T	F	S	S
	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

July 2021

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

August 2021

M	T	W	T	F	S	S
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

September 2021

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

October 2021

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

Week One Week Two Week Three