



# Saints Peter and Paul Catholic Primary School,

Moorfield, Tower Hill  
Kirkby.L33 1DZ

Headteacher: Mrs J. Mousley  
Chair Of Governors: Mr. George MacKenzie

Website: [www.saintspeterandpaulcps.org.uk](http://www.saintspeterandpaulcps.org.uk)

E-mail: [peterandpaul.de@knowsley.gov.uk](mailto:peterandpaul.de@knowsley.gov.uk)

Telephone 0151 477 8205



Date: September 2021

Dear Parents – please see packed lunch guidance below.

<b>Essential</b>	<b>Desirable</b>
The choices below must be in children's lunchboxes everyday	The following list can be added to the essential list to provide healthy packed lunches across the course of the week. <b>Choose 2 each day;</b>
Sandwiches <b>or</b>	Small bag of crisp
Savoury snacks eg sausage roll <b>or</b>	Small cake
Pasta	Biscuit bar
Fruit	yogurt
Vegetables	jelly
Water	
Flavoured water	
Pure juice	
<b>The following items are <u>not</u> allowed in lunchboxes</b>	
Fizzy drinks	
Any Juice such as; Ribena, Capri sun, Fruit Shoots, Sunny D	
Chocolate bars eg Mars Bars, Twix, Snickers, etc	
Any Sweets	

Yours sincerely

*J Mousley*

Mrs J. Mousley  
Headteacher

*Educating our children through love, care and respect*



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