**Lockdown Guidance For Home learning-Reception Autumn 2020**

**Personal, Social & Emotional:**

* Practice turn taking & sharing.
* Play games & follow rules.
* Talk about feelings. How they can deal with them. For example, count to 5 if you feel angry. Take deep breaths.
* Take time to relax-bath, calming music, play in sand or water.

**Communication & Language:**

* Encourage talk throughout the day.
* Take time to play & take on roles with your child-developing their language through play.
* Select an everyday object, ask your child to tell you about it. For example, a phone. What is it? What do you use it for? Who uses it? Why? Where do you see it?
* Sing songs, nursery rhymes, tongue twisters.
* Play rhyming games, such as continue the rhyme. E,g, cat, bat……
* Play ‘I spy’ encourage them to describe what they see. ‘It is blue’, ‘it is huge’, ‘it is soft’.
* Go on a listening walk.
* Hide instruments under a blanket. Can they guess the instrument sound?

**Physical Development:**

* Practice dressing/undressing self.
* Practice putting shoes on.
* Throwing, catching, bouncing & kicking a ball.
* Moving in different ways-running, hopping, jumping.
* Practice moving at different speeds.
* Practice balancing on one leg at a time. How long can they do it for?
* Use scissors.

**Literacy:**

* Share stories. Talk about the characters/what is happening in the story?/why did it happen?/what will happen next?/pick out new vocabulary-explain meaning of word.
* Practice learning words from W.T list or high frequency list.
* Practice writing first name then surname.
* Practice forming letters correctly. Use RWI rhyme to help with formation.
* Develop fine motor skills. For example, threading beads onto a lace, cheerio’s onto a stick, putting pegs on a washing line, playing with play dough.

**Maths:**

* Practice counting forward to 5, 10 then 20.
* Practise counting back 5 to 0, then 10-0, extending to 20-0.
* Name numbers to 5 then 10, extending to 20.
* Practice counting objects & touching each one as you count. Knowing the last number is the total for the set.
* Order numbers to 5, 10 then 20.
* Go on a number walk around house.
* Go on a shape walk around house.
* Name 2.d & 3.d shapes. Can you describe them? How many corners? Sides? etc.

**Understanding The World:**

* Talk about the weather & what clothes to wear,
* Talk about days of the week.
* Find out about your body. Why do we have a tongue? Ears? Etc
* Senses tests-taste, sound, touch & smell.
* Name face & body parts. Play Simon says.
* People who help us-who are they? What do they do? Who do we call in an emergency?
* Sort animals into farm, wild, pets or habitats, such as water, air, land.
* Find out information about animals. Where do they come from? What do they eat? What are their babies called? How can you care for a pet?

**Creative:**

* Practice drawing & painting.
* Sing songs, number songs, rhymes, alphabet etc.
* Colour mixing.
* Use recycled materials to make models. Can they adapt work? Plan it before they make it?
* Use construction kits.
* Make own instruments.