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| **Year** | **Autumn 1** | **Autumn 2** | **Spring 1** | **Spring 2** | **Summer 1** | **Summer 2** |
| **Year 1** | Multi-skills | Dance (Seasons) or Yoga | Bat and Ball | Invasion Games (At the fair) | Gymnastics | Gymnastics |
| **Year 1/2** | Multi-skills | Dance (Starry Skies or Toys) | Gymnastics/Yoga (Y2) | Gymnastics/Yoga (Y2) | Running and Jumping | Attacking and Defending |
| **Year 2** | Gymnastics | Gymnastics | Throwing and Catching/Yoga | Dance (Gunpowder Plot)/Yoga  | Invasion Games | Attacking and Defending |
| **Year 3** | Athletics | Dance (Extreme Earth) | Striking and Fielding | Invasion Games | Gymnastics | Gymnastics |
| **Year 3/4** | Athletics | Dance (Carnival of the Animals) | Striking and Fielding | Hockey | Gymnastics | Gymnastics |
| **Year 4** | Athletics | Dance (Carnival of the Animals) | Gymnastics | Gymnastics | Tag Rugby | Invasion Games |
| **Year 5** | Athletics | Dance (WWII) | Gymnastics | Gymnastics | Rounders | Invasion Games |
| **Year 5/6** | Gymnastics | Gymnastics | Athletics/Yoga (Y6) | Dance (WWII)/Yoga (Y6 | Rounders | Invasion Games |
| **Year 6** | Gymnastics | Gymnastics | Athletics/Yoga (Y6) | Dance (WWII)/Yoga (Y6) | Netball | Striking and Fielding |