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| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Activity 1  Physical Development | Boogie Beebies <https://www.bbc.co.uk/programmes/b006mvsc>  Disney Shake up game  <https://www.nhs.uk/10-minute-shake-up/shake-ups> Or P.E with Joe Wicks 9.00-9.30am | Boogie Beebies <https://www.bbc.co.uk/programmes/b006mvsc>  Disney Shake up game  <https://www.nhs.uk/10-minute-shake-up/shake-ups> Or P.E with Joe Wicks 9.00-9.30am | Boogie Beebies <https://www.bbc.co.uk/programmes/b006mvsc>  Disney Shake up game  <https://www.nhs.uk/10-minute-shake-up/shake-ups> Or P.E with Joe Wicks 9.00-9.30am | Boogie Beebies <https://www.bbc.co.uk/programmes/b006mvsc>  Disney Shake up game  <https://www.nhs.uk/10-minute-shake-up/shake-ups> Or P.E with Joe Wicks 9.00-9.30am | Boogie Beebies <https://www.bbc.co.uk/programmes/b006mvsc>  Disney Shake up game  <https://www.nhs.uk/10-minute-shake-up/shake-ups> Or P.E with Joe Wicks 9.00-9.30am |
| Activity 2  Phonics  Writing | Practise writing your name/surname  Challenge- extended family names, friends names, pet names | Practise writing your learnt RWI sounds (m,a,s,t,d,n,i,p g, o ) say the writing phrase in home learning booklet  Challenge- begin to write or use magnets to make CVC  ( mat, tap, dip, pit, got, mop) | Write outside using chalk, water and paintbrushes, stick in mud/sand  Make patterns, draw pictures, write cvc words  Mum/Dad good idea is for you to write in chalk, child go over it with paintbrush and water. | Practise writing learnt RWI sounds (m,a,s,t,d,n,i,p, g, o) say the writing phrase (in home learning booklet  Challenge- begin to write or use magnets to make CVC  ( mat, tap, dip, pit, got, mop) | Early reading  Find your name, surname from a group of names  Play sound bingo  Template on website Or write on piece of paper |
| Activity 3  Communication & language  Early Reading/writing | Read Julia Donaldson stay at home  Powerpoint on the website  Can you draw a picture of your favourite stay at home memory. | Use the I Spy sheet to play I spy.  Use clues, not just the initial sound.  **I spy something that begins with p, I use it to write with….** | Our Wonderful World:  During lockdown we have all had time to appreciate the natural world;  Rainbows, sunshine, rain flowers growing, butterflies, birds singing in the garden,  **Talk about our wonderful world!**  **Draw a picture of our wonderful world** | Our World – look at EYFS: Explore | Our World  Look at EYFS: Reveal |
| Activity 4  Mathematics | Count 1-10  If confident count to 20  Mum/dad write numerals 1-5 on pieces of paper.  Find number 3, put 3 cars on it.  Find number 2 put 2 pencils on it  Find number 4, put 4 figures on it  Repeat – extend up to 10. | Can you use your home-made dough to  Make a birthday cake for one of your dolls/tedybears  Can you make a circle cake?  How old is your doll/teddybear?  Do you have any candles?  Put …. candles in the cake? (use straws or pasta if you don’t have candles)  How old will your teddy/doll be on their next birthday?  Can you cut your Birthday cake in half? How many pieces do you have now? | Sing 5 currant buns in a bakers shop  Make 5 currant buns with your playdough  When somebody buys 1 how many will be left?  Repeat | How many times can you ride your scooter to the end of the path?  How many times can you catch a ball?  How many times can you hop?  How many times can you kick the ball in the net?  (adapt these to child’s interests)  Record your answers  What did you do the most?  What did you do the least | Sing the days of the week song  How many days are in the week?  Show me 7 fingers  Write number 7  Find me 7 objects  Can you sort the objects from smallest to biggest |
| Activity 5  Topic | Can you make playdough  Recipe below | **Choose 1 (to develop fine motor skills)**  **Put pegs on a box (shoebox)**  **Complete a jigsaw**  **Play with lego**  **Write/draw in shaving foam** | Cosmic Yoga ; links to Frozen & Mario, many more characters  <https://www.youtube.com/results?search_query=cosmic+kids+yoga> | Sing If I were a butterfly  <https://www.youtube.com/watch?v=xbJUynRN0js>  Can you paint a picture of one of the animals | Family fun time – what will you do?  Put on a talent show  Play a family game  Watch a movie & have a pizza night |

**Nursery Home learning ideas**

**Please remember these are just ideas to add some structure to your child’s day, dip in and out of them as you wish, please do not feel pressure to do these activities, you know your child best. Stay Safe Mrs Foot x**

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# BEST EVER NO-COOK PLAY DOUGH RECIPE

**You need:**

* 2 cups [plain flour](https://amzn.to/2yun3O5) (all purpose)
* 2 tablespoons [vegetable oil](https://amzn.to/2JVZ935) [(baby oil](https://amzn.to/2JYHZCh) and [coconut oil](https://amzn.to/2Idr490) work too)
* 1/2 cup [salt](https://amzn.to/2I8wgv2)
* 2 tablespoons [cream of tartar](https://amzn.to/2ywL9aY)
* 1 to 1.5 cups boiling water (adding in increments until it feels just right)
* [gel food colouring](https://amzn.to/2K57twO) (optional)
* few drops [glycerine](https://amzn.to/2KbugqI) (my secret ingredient for stretch and shine!)

**Method:**

* Mix the flour, salt, cream of tartar and oil in a large mixing bowl
* Add food colouring TO the boiling water then into the dry ingredients
* Stir continuously until it becomes a sticky, combined dough
* Add the glycerine (optional)
* Allow it to cool down then take it out of the bowl and knead it vigorously for a couple of minutes until all of the stickiness has gone. **\*** This is the most important part of the process, so keep at it until it’s the perfect consistency!**\***
* If it remains a little sticky then add a touch more flour until just right