Reception Daily Timetable Example

Guidance only

**8.30-Practice getting dressed**. (This helps with P.E lessons)

**9.00 -Shake & Wake**.

Start your day off with some stretches or dancing to an upbeat song! Watch Joe Wick on YouTube for morning exercises.

**9.15-Literacy.**

Choose to practice one of the followings;

1. Read a book. Draw/write your favourite part of the story or make up a new ending.
2. Make your own story. Choose characters, setting & what will happen in the story. This can be done orally or recorded and made into a book.
3. Practice writing your name & letters of the alphabet-correct formation (Starting & finishing at the correct points).
4. Practice reading and spelling words from both word lists we gave you.
5. Look at information books or research a topic online, such as animals. Make an information poster, leaflet, book about your chosen topic.
6. Write a shopping list.
7. Make a card for someone special.
8. Make a menu for lunchtime.
9. Write labels for items around your house.

**10.00-Break/snack time.**

Encourage your child to go into the garden to get some fresh air and play/do some exercises/skip/hoola hoop/play football etc.

**10.45-Free play time**

**11.30-Phonics** (See school website for RWI support)

Practice phonics-make flashcards and ask your child to say the sounds you show them.

Pick out a sound they don’t know and teach them the new sound. My turn, your turn to say the sound.

Practice forming the sound in the air then on paper.

Practice reading & spelling some words from the word time list we gave you.

**12.00-Lunchtime**

**1.15-Mathematics**

Practice counting forwards & backwards.

Name numbers-use number flashcards to help.

Guess the missing number on the number line.

Guess the next number in the sequence, such as 11,12,13…

1 more & 1 less than a given number.

Match a set of objects to a number (Make sure they touch each

Object as they count. Encourage your child to make a line with their objects or put them into sets of two. Some children have begun to learn odd & even numbers).

Addition sums & subtraction sums-use objects if your child needs them.

Look for numbers around the house.

Task cards-such as ‘Jump 5 times’, ‘clap 10 times’ & ‘find 13 toys’.

2.d & 3.d shape names & match to a real object around your house.

Describe shapes and talk about their properties, such a show many sides, corners, faces a shape has. (See the shape mat we sent home to support correct vocabulary).

Set up a shop. Put prices on items. Pay using correct coin or make it using 1p coins. When ready use other coins such as 2 x 5p for 10p, 2 x 2p and 1 p for 5 p (We encourage children to tap the coin value that many times).

Mathletics.

**2.00-Free time/outdoor garden time.**

**2.45-Reading**

Read the reading book sent home and any similar books you have.

If your child cannot blend words. Practice segmenting & blending words sent home from Word Time words. For example, s-a-t sat, p-i-n pin.

**Bedtime**

Share a story or make up a story to tell your child.

Audible Stories-Audible.com has free audio books to listen too!

Oxford Owl

**Useful Links:**

RWI (Read, Write, Inc) on school website and You Tube.

Joe Wicks will be delivering live ‘PE for kids’ every week day morning from 9:00-9:30 on ‘Joe Wicks You tube account’.

Twinkl resources for parents

TTS

<https://www.bbc.co.uk/teach>

https://www.toucanbox.com/activities/fun-things-to-do-at-home-with-your-kids

https://artfulparent.com/10-things-to-do-at-home-with-kids/

Take care of your child’s well-being and your own. This is a very difficult time. Take time to have fun together, laugh, play games, bake together, create art work & talk to each other.